

Name:

Solo Pantomime Performance

Task: For your first performance, you are to pantomime (no speaking or props!) an action and make it believable to yourself and the audience. This is a one-minute solo performance.

Example: Imagine you are bowling. What is the *actual* routine you do? How do you hold the ball and balance its weight? Where do you position your feet? Where do your eyes look? You must "see" the pins when you throw the ball, and watch as it rolls down the lane. Then what is your reaction? **Everything you do must be believable, meaning your actions must be true to the situation.** Put all your attention into your task and imagine you're *actually* doing it.

Directions:

1. **Pick:** Think of an action you want to pantomime. Choose an activity that interests you and is familiar. Do not pick the same idea as everyone else. Be creative, but spend your time preparing the action rather than choosing it.

A. *Some examples are... building a campfire, getting ready in the morning, practicing free throws, etc.*

2. **Plan:** Fill out the following information. Write in complete sentences and provide details.

What is your action?

Where is the action being performed?

Describe the general actions of your performance:

- 1.
- 2.
- 3.
- 4.

Outline each individual step and movement (be very specific):

- 1a.
- 1b.
- 1c.
- 2a.
- 2b.
- 2c.
- 3a.
- 3b.
- 3c.
- 4a.
- 4b.
- 4c.

Write the introduction you'll give before your performance:
 (Tell us your name, action, location, and reason for choosing this action.)

3. **Practice:** When you have finished planning your movements, it is time to start practice. Go through your actions VERY slowly, thinking carefully about each step and detail.

A. For example... removing the cap from the toothpaste before squeezing it out, etc.

4. **Present:** When it is your time to present, turn in your planning sheet and walk on stage slowly. Begin with your introduction, take a deep breath, and then start your performance. Take your time and give full attention to each step and detail. If you are focused and completely absorbed in belief, the audience will believe you. When finished, pause for a moment, and take a bow!

Rubric: This is how you will be graded.

1. Completed planning sheet turned in	1	2	3	4	5
2. Performance clearly practiced and prepared	1	2	3	4	5
3. Appropriate length (approx. one minute)	1	2	3	4	5
4. Actions were believable	1	2	3	4	5
5. Focused was maintained (didn't "break" character)	1	2	3	4	5
6. Respectful during other performances	1	2	3	4	5
TOTAL:	/ 30				